

## Message From the President A Vision for 2017-18

It is a tremendous honor to become the president of the American Academy of Osteopathy. We are the home to all physicians who seek to advance the unique osteopathic approach to patient care, including the integration of osteopathic manipulative medicine. Our vision statement that “all patients are aware of and have access to osteopathic medical care and osteopathic manipulative medicine for optimal health” is at the center of what each of us strives to do.

In my address at the 2017 AAO Convocation’s president’s banquet in Colorado Springs, I had the opportunity to introduce my wife and five daughters to my osteopathic family. I was fortunate to have been

introduced to osteopathic medicine by my late father, William A. Rowane, DO, MACOI, who instilled in me the value of incorporating osteopathic concepts into patient care.

There are many areas where the AAO can serve our members and the osteopathic profession, but there are critical items that are at the forefront. We need to support the educational efforts to promote osteopathic principles and practices, validate our unique approach to patient care through scholarly activity, and work with the American Osteopathic Association



On Saturday, March 25, **Michael P. Rowane, DO, MS, FAAFP, FAAO** (right), was inducted as the AAO’s 2017-18 president, following the one-year term of AAO 2016-17 President **Laura E. Griffen, DO, FAAO**.

(AOA) to support practicing osteopathic physicians to ensure that we are reimbursed for utilizing osteopathic manipulative treatment in the care of our patients.

*(continued on Page 2)*

## Catherine M. Kimball, DO, Chosen as President-elect

At the AAO’s annual business meeting on March 23 in Colorado Springs, Colorado, Academy members chose **Catherine M. Kimball, DO**, of Waterville, Maine, as the AAO’s 2017-18 president-elect. In 2018, Dr. Kimball will automatically become the AAO’s 2018-19 president.

Dr. Kimball has been in private practice in Waterville, Maine, for 30 years. In addition to her family medicine practice, she provides osteopathic manipulative medicine consultation for a wide range of problems including headache, newborn feeding difficulties, ear infections and back pain. As a leader in osteopathic medicine, Dr. Kimball is especially passionate about encouraging osteopathic and allopathic physicians (DOs and MDs) to incorporate hands-on diagnosis and treatment in their practices.



2017-18 AAO President-elect **Catherine M. Kimball, DO**.

Dr. Kimball has served as chief of staff for Inland Hospital since 2012. She previously served as chief of staff from 1993 to 1999

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#### American Academy of Osteopathy

Michael P. Rowane, DO, MS, FAAO,  
FAAFP, president  
Catherine M. Kimball, DO, president-elect  
Sherri L. Quarles, executive director

All members of the American Academy of Osteopathy receive AAO *Member News* eight times a year. Members can access past issues online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org).

Members are invited to send their news to AAO Communications Specialist Lauren Good at [LGood@academyofosteopathy.org](mailto:LGood@academyofosteopathy.org).

Advertising rates for AAO *Member News* are listed below. AAO members and AAO component societies are entitled to a 20% discount on advertising. Call the AAO at (317) 879-1881, ext. 211, for more information. Although all advertising is expected to conform to ethical medical standards, acceptance does not imply endorsement by the American Academy of Osteopathy.

2017 Advertising Rates	
Full page (7.5" x 10")	\$600
Half page (7.5" x 5")	\$400
Third page (7.5" x 3.3")	\$300
Quarter page (3.75" x 5")	\$200
Classified (per seven characters)	\$1

Multi-issue discounts are available. Please contact AAO Communications Specialist Lauren Good at [LGood@academyofosteopathy.org](mailto:LGood@academyofosteopathy.org) for more information.

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#### President's message (continued from Page 1)

Our profession is at a crossroads with the single accreditation system transitioning all postgraduate training programs under the AOA to the oversight of the Accreditation Council for Graduate Medical Education (ACGME). It is critical that the AAO remain engaged to assist residency programs to seek ACGME osteopathic recognition, where osteopathic principles and practices are integrated into the training of future osteopathic focused physicians. The AAO is actively working with other osteopathic groups to assist programs in meeting the ACGME's osteopathic recognition requirements.

The AAO is a dedicated group of members with an equally dedicated staff led by Sherri L. Quarles, our executive director. We are an organization that is passionate about preserving our osteopathic heritage, but we must maximize our limited resources to partner with other groups to meet our mission. I am reaching out to all chairpersons of our committees to make sure that we are

updating the members of each committee and meeting our current strategic plan.

We will be revisiting our current 2015-2018 strategic plan as we prepare for our next one. Our president-elect, Catherine M. Kimball, DO, and I will be working closely together over the next year to make sure that the AAO is positioned well with our new strategic plan to be a critical force for the osteopathic profession.

I want to again thank everyone for being a part of the Academy. This is your organization. I will strive to give each of you all of my efforts to best represent you and the AAO at all times.

Warmest Regards,

Michael P. Rowane, DO, MS, FAAFP,  
FAAO

#### President-elect Dr. Kimball (continued from Page 1)

and from 2001 to 2007. She also has served on Inland Hospital's Board of Trustees for many years, and she has served on various committees, including the Joint Conference Committee (1994-present), the Inland Foundation Board (2001-04), the Osteopathic Manipulative Concepts Committee (1987-97) and the Personnel Committee (1990-97). In addition, Dr. Kimball was actively engaged in Eastern Maine Healthcare Systems' Leadership Reinvented initiative, which focuses on streamlining processes to increase care and efficiency.

In 1985, Dr. Kimball graduated from the Kirksville College of Osteopathic Medicine in Missouri (now part of A. T. Still University), and she completed a general internship and residency at Waterville Osteopathic Hospital (now Inland Hospital). She is

board certified in osteopathic manipulative medicine and in family practice.

Dr. Kimball has been active in the osteopathic profession both locally and nationally. She is a member of the American Osteopathic Association, The Osteopathic Cranial Academy, and the Maine Osteopathic Association in addition to the AAO. She has served on the AAO's Board of Governors and Board of Trustees, and she previously served on the American Osteopathic Board of Neuromusculoskeletal Medicine.

"I am looking forward to becoming more active on behalf of our membership in the areas of training, certification, reimbursement and international affairs," said Dr. Kimball.

## Introducing the AAO's 2017-18 President

After serving as the AAO's 2016-17 president-elect, Michael P. Rowane, DO, MS, FAAFP, FAAO, of Richmond Heights, Ohio, assumed the office of president of the American Academy of Osteopathy (AAO) on March 25 during the AAO Convocation in Colorado Springs, Colorado. He will serve a one-year term.

Dr. Rowane's experience of working with osteopathic (DO) and allopathic (MD) physicians will benefit the Academy as the profession transitions from residencies that are currently accredited by the American Osteopathic Association (AOA) to residencies accredited by the Accreditation Council for Graduate Medical Education (ACGME), the same body that accredits MD residencies.

After 25 years with University Hospitals in Cleveland, Dr. Rowane will assume the role of professor of family medicine and osteopathic manipulative medicine at the Lake Erie College of Osteopathic Medicine (LECOM) in Erie, Pennsylvania, in May 2017. There, he will be the associate dean of clinical education for all campuses. This new position allows him to continue his passion for osteopathic medical education and to impact future physicians to integrate the ideals of the osteopathic approach in the care of their patients.

Dr. Rowane served as the director of medical education at University Hospitals Regional Hospitals since 2007. Prior to this, Dr. Rowane was in the Department of Family Medicine at Case Western Reserve University (CWRU), where he was the family medicine program director for University Hospitals Cleveland Medical Center.

Dr. Rowane is a 1989 graduate of the Des Moines University College of Osteopathic Medicine in Iowa, where he completed a predoctoral fellowship in osteopathic manipulative medicine (OMM). After his residency in family medicine, Dr. Rowane participated in faculty development fellowships at CWRU and at the University of North Carolina at Chapel Hill. He completed a postdoctoral master's degree in family medicine at CWRU and a fellowship with the National Institute for Program Directors. He co-directs a national osteopathic faculty development initiative, Training the Osteopathic Professions Core Educators (TOPCE) with the American Association of Colleges of Osteopathic Medicine.

Dr. Rowane was appointed to the ACGME Osteopathic Principles Committee and represents all osteopathic training programs for the Electronic Residency Application Service with the Association of American Medical Colleges.



2017-18 AAO President **Michael P. Rowane, DO, MS, FAAFP, FAAO**

In 2003, Dr. Rowane became a Fellow of the AAO. The AAO is one of the few specialty colleges that have earned fellowships, and Dr. Rowane is one of just over 80 osteopathic physicians to earn it. He also is a Fellow of the American Academy of Family Physicians.

Dr. Rowane has frequently presented both locally and nationally and has published multiple articles and book chapters. In 2012, he published the book *Basic Musculoskeletal Manipulation Skills: The 15-Minute Office Encounter* with coauthor **Paul Evans, DO, FAAFP, FACOFP**.

## President's Message Gets Noticed

"What It Means to be 'Keepers of the Flame,'" the January 2017 president's message from **Laura E. Griffin, DO, FAAO**, has garnered quite a bit of attention in the osteopathic community.

The article was included in the [February 2017 issue](#) of *Inside OME* from the American Association of Colleges of Osteopathic Medicine.

*The DO* posted [an article](#) on Thursday, March 9, noting that the message had been condensed from what appears on the AAO's website, incorporating additional details from Dr. Griffin.





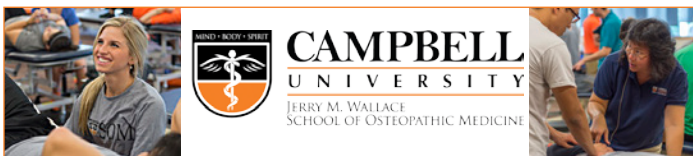
# AAO Calendar of Events



Mark your calendar for these upcoming Academy meetings and educational courses.

## 2017

April 14	Good Friday—AAO office closes at noon	Aug. 4-5	AAO Education Committee's meeting—AAO office in Indianapolis
May 19-22	<b>Still-Littlejohn Techniques: Contemporary Applications of Osteopathy</b> —Richard J. Geschel, DO, course director—Midwestern University/ Arizona College of Osteopathic Medicine in Glendale	Aug. 16	Committee on Fellowship in the AAO teleconference—8 p.m. Eastern
May 29	Memorial Day—AAO office closed	Oct. 5-6	AAO Board of Trustees' meeting—Philadelphia
June 2-6	<b>Introduction to Osteopathic Manipulative Medicine</b> —Lisa Ann DeStefano, DO, course director—Michigan State University College of Osteopathic Medicine in East Lansing	Oct. 7	AAO Leadership Summit—Philadelphia
June 8-10	<b>Prolotherapy and Platelet-Rich Plasma Course</b> —Mark S. Cantieri, DO, FAAO, and George J. Pasquarello, DO, FAAO, course directors—Marian University College of Osteopathic Medicine in Indianapolis	Oct. 7-10	<b>AAO at OMED: Using Osteopathic Principles and Philosophy in Specialty Medicine</b> —Leslie M. Ching, program chair—Philadelphia Convention Center
June 14	Committee on Fellowship in the AAO teleconference—8 p.m. Eastern	Oct. 21	Committee on Fellowship in the AAO's meeting and exams—8 a.m. to 5 p.m. Eastern—AAO office in Indianapolis
July 15-16	AAO Board of Trustees' meeting—AAO office in Indianapolis	Nov. 10-12	<b>Basic Visceral Course</b> —Richard G. Schuster, DO, course director—Rowan University School of Osteopathic Medicine in Stratford, New Jersey
		Dec. 13	Committee on Fellowship in the AAO teleconference—8 p.m. Eastern



### Neuromusculoskeletal Medicine/ Osteopathic Manipulative Medicine Faculty Position

Campbell University Jerry M. Wallace School of Osteopathic Medicine (CUSOM) is seeking NMM/OMM Faculty to join a collaborative and dedicated team.

The faculty member is responsible for teaching in the undergraduate and graduate medical education curriculum as well as a full range of program development including participation in designing the curriculum and assisting the Chair of Osteopathic Medicine with development and staffing of the pre-clinical and clinical curriculum. This role includes faculty recruitment and faculty development to ensure curriculum is successfully delivered to the CUSOM students and NMM residents.

Preferred Education and Experience: Doctor of Osteopathic Medicine degree from an AOA accredited college; AOBNNM Board certification or eligibility including NMM certification only or NMM and another specialty; Ability to obtain an unrestricted license in North Carolina; Qualified to obtain medical staff privileges in local, North Carolina hospitals; Academic experience in a medical school, residency program, and/or higher education preferred; consideration will be given to those with previous experience leading a community-based clinic or practice.

Please visit the Campbell University website to view the full job description,

[www.campbell.edu/about/employment](http://www.campbell.edu/about/employment).

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## AAO Members Elect Leaders

During the AAO's annual business meeting on March 23 in Colorado Springs, Colorado, Academy members approved proposed bylaws changes, and they selected their leadership for the 2017-18 year. **Michael P. Rowane, DO, MS, FAAFP, FAAO**, was installed as the AAO's 2017-18 president on Saturday, March 25. **Laura E. Griffin, DO, FAAO**, will serve one year as the AAO's immediate past president.

The following members were elected to serve the AAO:

### President-elect

Catherine M. Kimball, DO

### Trustee

Heather P. Ferrill, DO, MS MEDL\*  
Sheldon C. Yao, DO

### Governor

Michael S. Carnes, DO, FAAO  
Jane E. Carreiro, DO\*  
Brian F. Degenhardt, DO\*  
Lisa Ann DeStefano, DO\*  
Dennis J. Dowling, DO, MA, FAAO\*  
Hugh M. Ettlinger, DO, FAAO, FCA\*  
Ann L. Habenicht, DO, FAAO, FACOF, CS\*  
Kurt P. Heinking, DO, FAAO\*  
Doris B. Newman, DO, FAAO

George J. Pasquarello, DO, FAAO\*  
Karen T. Snider, DO, FAAO

### Nominating Committee

Dennis J. Dowling, DO, MA, FAAO, committee chair  
Boyd R. Buser, DO, FACOF  
John C. Glover, DO, FAAO  
Kenneth J. Lossing, DO  
Laura E. Griffin, DO, FAAO (ex officio)

\*denotes incumbent

## Convocation Draws Record Attendance... Again

The AAO's 2017 Convocation, which was held March 22-26, at The Broadmoor in Colorado Springs, Colorado, drew record attendance for both physicians and students, edging past the record set just last year.

The physician program, chaired by **Natalie Ann Nevins, DO, MSHPE**, attracted 694 attendees, and the concurrent student program attracted 697 attendees. The 2016 Convocation had 673 and 637 registrants, respectively, for the physician and student programs. In addition, 177 people attended the pre-Convocation courses offered March 18-21, and 111 people attended the pre-Convocation lecture "An Overview of the Lymphatic System" by **Frank H. Willard, PhD**, on Wednesday afternoon.

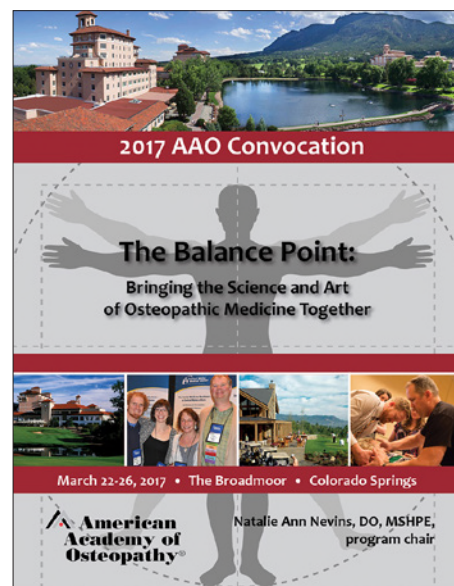
### Convocation for Physicians

The physician lectures kicked off on Thursday morning with "The Glymphatic System in the Aging Brain: Sleep, Waste and Neurodegeneration" by Jeffrey Iliff, PhD. When a sudden change in plans prevented Dr. Iliff from attending Convocation, Dr.

Nevins coordinated with the AAO and The Broadmoor to set up a remote feed so attendees would not miss Dr. Iliff's lecture. Other lectures included "The Art and Science of OMT During Pregnancy" by **Kendi L. Hensel, DO, PhD**; "Using Advanced Technology to Better Diagnose Somatic Dysfunction" by Larry Smarr, PhD, and **Michael James Kurisu, DO**; "Chronic Myofascial Pain, Spinal Segmental Sensitization and Needling Strategies" by Jay P. Shah, MD; and a research panel discussion.

For the first time, the AAO offered two introduction to musculoskeletal ultrasound breakout sessions. To ensure an adequate ratio of attendees to machines, AAO limited registration to 125 people per session. Special thanks to FujiFilm Sonosite, GE Healthcare and the Western University of Health Sciences College of Osteopathic Medicine of the Pacific for providing the ultrasound machines.

Other popular breakout sessions included "New Insights Into Anatomy and Treatment of the Dura Mater in the Cervical Re-



gion" with **Torsten Liem, DO (Germany)**; "Exploring Fluid Dynamics of the Cranium and OMT" with **Rebecca E. Giusi, DO**; and "Yoga and Breathing" with Dr. Giusti and **Kenneth J. Lossing, DO**.

Because of the high turnout overall, the AAO provided external monitors in several of the breakout sessions to ensure that attendees could see the demonstrated techniques.

(continued on Page 7)



## Good Times at Convocation 2017





## Convocation review (continued from Page 5)

### Convocation for Students

At the SAAO's Convocation program, which ran concurrently to the physicians' program, osteopathic medical students enjoyed lectures on the fascial distortion model (by **Todd A. Capistrant, DO, MHA**), osteopathic problem solving (by **Edward G. Stiles, DO, FAAO**) and board review (by Joshua Courtney, DO) among others. In addition, the most popular breakout sessions were "Integrated Neuromuscular Release" with **Lisa Ann DeStefano, DO**; "Seeking Health: Osteopathic Neurovisceral Integration" with **Michael L. Kuchera, DO, FAAO**; and "Ligamentous Articular Strain" with **Wm. Thomas Crow, DO, FAAO**.

### Download Presentations

Attendees are invited to download [speakers' presentations](#) from the AAO's website. Titles in red indicate downloadable documents. Not all presentations have been received, but AAO staff will continue to update the page as presentations are made available.

### Reporting CME

Continuing medical education credits earned at Convocation and the pre-Convocation courses will be reported to the American Osteopathic Association no later than May 26. Registrants can review their credits at [www.academyofosteopathy.org](http://www.academyofosteopathy.org). After you log in, click on My CMEs from the profile page.

### Need a Receipt?

Registrants can print payment receipts directly from their user accounts at [www.academyofosteopathy.org](http://www.academyofosteopathy.org).

[academyofosteopathy.org](http://academyofosteopathy.org). After you log in, click on My Order History from the profile page.

### Provide Feedback

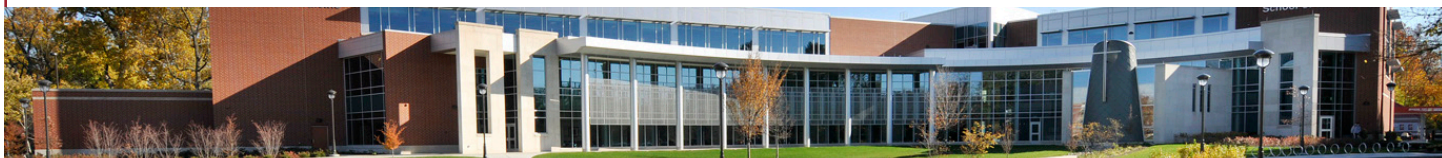
Attendees are invited to provide feedback on Convocation via the mobile app or via Survey Monkey. All attendees should complete the [overall Convocation survey](#). Physicians should complete the survey of the [physician program](#), and students should complete the survey of the [student program](#).

### Convocation 2018

Mark your calendars for the AAO's 2018 Convocation, "Osteopathic Legacies: Their Legacies Live On," scheduled for March 21-25, at the Hilton Anatole in Dallas. Program chair **David R. Boesler, DO**, and the AAO's Education Committee will make every effort to provide additional sessions to accommodate the increasing demand.

# PROLOTHERAPY & PLATELET-RICH PLASMA

June 8-10, 2017 • Marian University College of Osteopathic Medicine in Indianapolis



### Course Directors

Mark S. Cantieri, DO, FAAO  
George J. Pasquarello, DO, FAAO

### Course Location

**Marian University College of Osteopathic Medicine**  
Michael A. Evans Center for Health Science  
3200 Cold Spring Rd. (30th St.), Indianapolis, IN 46222-1997

### Course Times

Thursday from 5 to 9 p.m.  
Friday and Saturday from 8 a.m. to 5:15 p.m.

### Meal Information

Morning coffee, tea and juice will be provided. Dinner will be provided on Thursday. Lunch will be provided Friday and Saturday. If you have any special dietary needs, contact AAO Event Planner [Gennie Watts](#) by June 1.

### Travel Arrangements

Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or [globallyyourstravel@cox.net](mailto:globallyyourstravel@cox.net).

### Continuing Medical Education

20 credits of AOA Category 1-A CME anticipated.

Registration Fees	On or before May 7	After May 7
Academy member in practice*	\$2,250	\$2,500
Resident or intern member	\$2,050	\$2,300
Nonmember practicing DO or other health care professional	\$2,750	\$3,000
Nonmember resident or intern	\$2,550	\$2,800

\* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.



Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or email  
AAO Event Planner Gennie Watts at [GWatts@academyofosteopathy.org](mailto:GWatts@academyofosteopathy.org) for more information.



## Students and Residents Elect 2017-18 Leaders

During the AAO's 2017 Convocation, the Student American Academy of Osteopathy and the Postgraduate American Academy of Osteopathy elected new leaders for the 2017-18 year.

Congratulations to all the students and residents who were elected to represent their peers. Below are the results of both elections.

### 2017-18 SAAO Executive Council

Chair	<b>Amber M. Brown, OMS III</b> , of the Des Moines University College of Osteopathic Medicine in Iowa	<a href="mailto:saochair@gmail.com">saochair@gmail.com</a>
Vice chair	<b>Paula Michelle Archer, OMS II</b> , of the Pacific Northwest University of Health Sciences College of Osteopathic Medicine in Yakima, Washington	<a href="mailto:saoovchair@gmail.com">saoovchair@gmail.com</a>
Secretary-Treasurer	<b>Kelly Ng, OMS II</b> , of the Touro College of Osteopathic Medicine in Middletown, New York	<a href="mailto:saosect@gmail.com">saosect@gmail.com</a>
National coordinator	<b>Frank Patrick Goodman, OMS III</b> , of the William Carey University College of Osteopathic Medicine in Hattiesburg, Mississippi	<a href="mailto:saoonatcoord@gmail.com">saoonatcoord@gmail.com</a>
NUFA Liaison	<b>Thomas Hunter Lindsey, OMS II</b> , of the Alabama College of Osteopathic Medicine in Dothan	<a href="mailto:nufaliaison@gmail.com">nufaliaison@gmail.com</a>

### 2017-18 PAAO Executive Council

Chair	<b>Marta Elisabeth Bringhurst, DO</b> , of Sandusky, Ohio	<a href="mailto:paochair@gmail.com">paochair@gmail.com</a>
Vice chair	<b>Lauren A. Davis, DO</b> , of Westhampton Beach, New York	<a href="mailto:paoovicechair@gmail.com">paoovicechair@gmail.com</a>
Secretary	<b>Leah D. Frank, DO</b> , of Orlando, Florida	<a href="mailto:pao.sec.treas@gmail.com">pao.sec.treas@gmail.com</a>
Treasurer	<b>Lucan Watt Chatterley, DO</b> , of Wyoming, Michigan	
National coordinator	<b>Saundra Y. Holseth, DO</b> , of South Miami, Florida	<a href="mailto:pao.natcoor@gmail.com">pao.natcoor@gmail.com</a>

2017-18 SAAO Executive Council members (left to right): **Frank Patrick Goodman, OMS III**; **Amber M. Brown, OMS III**; **Kelly NG, OMS II**; and **Paula Michelle Archer, OMS II**.





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Standard registration deadline: Monday, April 10, 2017 11:59 PM ET

▶ [connect.sgim.org/SGIM17](http://connect.sgim.org/SGIM17)



## George J. Pasquarello, DO, FAAO, Receives A.T. Still Medallion of Honor

The Andrew Taylor Still Medallion of Honor, the highest award that the Academy grants, was presented to **George J. Pasquarello, DO, FAAO**, of East Greenwich, Rhode Island, on March 25 during the AAO's Convocation in Colorado Springs, Colorado. Named for the founder of osteopathic medicine, the award is given to AAO members who have exhibited an exceptional understanding and application of osteopathic principles and concepts.

Dr. Pasquarello specializes in neuromusculoskeletal medicine and osteopathic

*George J. Pasquarello, DO, FAAO, was awarded the Andrew Taylor Still Medallion of Honor on March 25 in Colorado Springs. (Photo by Taylor Bridgeforth)*



manipulative medicine (NMM/OMM), prolotherapy and platelet rich plasma injections. He practices at University Orthopedics, Inc., in East Greenwich, Rhode Island.

Dr. Pasquarello is a 1993 graduate of the University of New England College Of Osteopathic Medicine (UNECOM) in Biddeford, Maine. He is board certified in NMM/OMM, and he holds a certificate of added qualifications in pain medicine.

Having served as a program director for UNECOM's NMM/OMM residency and combined NMM and family medicine residency, Dr. Pasquarello was section chief at Mercy Hospital in Portland, Maine, for osteopathic manipulative medicine from 1998 to 2002. He also has served as faculty for the OMM Department at UNECOM for 10 years, and he continues to host student and resident rotations in his practice, including family medicine, internal medicine, physical medicine and rehabilitation, sports medicine and pain medicine.

In addition, Dr. Pasquarello has been vitally active in all levels of the osteopathic profession. He was the 2009-10 president of the AAO, and he currently

serves on the AAO's Board of Governors. He also has served on the Academy's Education Committee and the Postdoctoral Standards and Evaluation Committee, which he chaired from 2000 to 2007. In 2002, Dr. Pasquarello became a Fellow of the AAO.

The founding president of the Foundation for Osteopathic Research and Continuous Education (FORCE), he led the foundation through its early development.

Dr. Pasquarello is a former president of the Rhode Island Society of Osteopathic Physicians, and he continues to serve on its board of trustees. He regularly represents Rhode Island at the American Osteopathic Association's House of Delegates.

Dr. Pasquarello also has served on the Accreditation Council for Graduate Medical Education as a member of the Osteopathic Principles Committee. He served on the American Osteopathic Board of Neuromusculoskeletal Medicine for two terms, and he was on the National Board of Osteopathic Medical Examiners' Standard Setting Committee Level III in 2000.

Past A.T. Still Medallion honorees who attended the banquet included **Boyd R. Buser, DO, FACOFP; Dennis J. Dowling, DO, MA, FAAO; John C. Glover, DO, FAAO; Michael L. Kuchera, DO, FAAO; Judith A. O'Connell, DO, FAAO; and Michael A. Seffinger, DO, FAAFP.**

## VCOM Hosts Mini-Convocation

The Student American Academy of Osteopathy chapter at the Edward Via College of Osteopathic Medicine (VCOM) in Spartanburg, South Carolina, [hosted a mini-Convocation Feb. 3-4.](#)

Designed to echo the AAO's annual Convocation, the event attracted attendees from

VCOM campuses in Spartanburg; Blacksburg, Virginia; and Auburn, Alabama.

**Eric John McLaine, OMS II**, who helped organize the event, said, "Our thought was to have students and faculty from each of the VCOM campuses come together to learn and practice new techniques with

peers and faculty that they don't often get to be around."

The mini-Convocation featured workshops and two Stars and Stripes events modeled after the events of the same name at the AAO's Convocation. These sessions offer

*(continued on Page 11)*



## Thanks to Convocation Exhibitors

The AAO's 2017 Convocation attracted 33 exhibitors representing a variety of fields from residency programs and board prep to footwear and sleep systems. GE Healthcare and SonoSite generously provided ultrasound machines for use in physician breakout sessions.

In case you missed these exhibitors at Convocation, check out their websites now.

American Osteopathic Board  
of Neuromusculoskeletal Medicine  
Assist Tables

A.T. Still University

Museum of Osteopathic Medicine

Central Maine Medical Center

Family Medicine Residency

COMBANK

DIERS Medical System

DO-Touch.NET

U.S. Department of Justice

Drug Enforcement Division

Eastern Connecticut Family Medicine

Residency Program

Eastern Maine Medical Center

Family Medicine Residency

Edward Via College

of Osteopathic Medicine (VCOM)

FDM Academy

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National Undergraduate Fellows

Association (NUFA)

Nova Southeastern University College

of Osteopathic Medicine

One Medical

The Osteopathic Cranial Academy

Osteopathy's Promise to Children

and the Osteopathic Center for Children

Pacific Distributing Books and Bones

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Pacific Northwest University

of Health Sciences

Postdoctoral American Academy

of Osteopathy (PAAO)

Rocky Vista University

SAMINA Healthy Sleep Systems

Serola Biomechanics

SonoSite

Student American Academy of Osteopathy

(SAAO)

Sutherland Cranial Teaching Foundation

UC San Diego

U.S. Army Medicine

University of North Texas

Health Science Center

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### VCOM mini-Convocation (continued from Page 10)

opportunities for physicians and students to interact freely, discussing various conditions and treatments, and giving students the opportunity to learn techniques from the participating physicians.

McLaine said, "Last year, I attended the national convocation as a first year medical

student. In addition to what I had already learned in class, I experienced advanced techniques that further prepared and aided me throughout the remainder of my first year and even into my second year. It was an eye-opening experience, and really fueled the fire of my OMM interest. It is my hope that the VCOM SAAO Convocation had a similar impact on all the students who attended this weekend."

## AAO and AOF Seek Nominations for OMM Resident of the Year

Do you know a resident who has shown promise in their career and significant achievements in medicine, education and leadership?

The American Osteopathic Foundation's **Outstanding Resident of the Year Award** honors exemplary osteopathic residents who embody a combination of clinical promise, leadership, dedication and commitment to patient-centered care. Nominees should be "outside of the box" thinkers and people who have an exceptional commitment to patients and the osteopathic profession.

For the second year, the AAO will coordinate with the AOF to select an outstanding resident in osteopathic manipulative medicine. The honoree will be recognized at Honors 2017, the AOF's annual fundraising event which will take place on Oct. 6 in Philadelphia. The resident also will receive a \$5,000 monetary gift.

In 2016, **Precious L. Barnes, DO, MS, MS**, received the first award for Outstanding Resident of the Year in OMM.

The AOF will honor residents in nine specialties in addition to OMM: family medicine, emergency medicine, internal medicine, neurology and psychiatry, obstetrics and gynecology, orthopedic surgery, pediatrics, radiology and surgery.

**Nominate an outstanding resident today!** All nominations must be received by May 16 at 11:59 p.m. Central time.

## Members in the News

The March and April 2017 issues of *The Journal of the American Osteopathic Association* included items by Academy members. Those articles are summarized in the table below.

Authors	Month	Title of article	Description
<b>Lisa K.T. Shanahan, DO;</b> <b>Selena G.M. Raines, DO;</b> <b>Rachel L. Coggins, DO;</b> <b>Teanna J. Moore, DO;</b> <b>Michael S. Carnes, DO, FAAO;</b> and <b>Laura E. Griffin, DO, FAAO,</b> from the University of Pikeville–Kentucky College of Osteopathic Medicine	March 2017	<a href="#">Osteopathic Manipulative Treatment in the Management of Isaacs Syndrome</a>	Isaacs syndrome is a rare neuromuscular disorder characterized by chronic muscle stiffness, cramping, fasciculations, myokymia, and hyperhidrosis. Pathogenesis includes autoimmunity, paraneoplastic disorders, genetic predisposition, or toxin exposure. There is no known cure for Isaacs syndrome. This case report describes a patient who had been given the diagnosis of Isaacs syndrome and received osteopathic manipulative treatment to manage fascial and cranial dysfunctions and reduce nervous system hyperexcitability. Long-term decrease of myokymia and reduction of severity and frequency of exacerbations resulted.
<b>Boyd R. Buser, DO, FACOFP,</b> of Pikeville, Kentucky; James Swartwout, MA; Terri Lischka, MSPA; Maura Biszewski, BA; and Kathy DeVine, MPH	April 2017	<a href="#">Single Accreditation System Update: Gaining Momentum</a>	In July 2014, the American Osteopathic Association House of Delegates endorsed the establishment of a new, single graduate medical education accreditation system in collaboration with the Accreditation Council for Graduate Medical Education and the American Association of Colleges of Osteopathic Medicine. Since that time, the osteopathic medical community has made substantial headway in the transition to the new system. This article provides an update on the transition.
<b>John R. Gimpel, DO, MEd, FACOFP,</b> of Conshohocken, Pennsylvania; Dorothy Horber, PhD; Jeanne M. Sandella, DO; Janice A. Knebl, DO; and John E. Thomburg, DO, PhD	April 2017	<a href="#">Evidence-Based Redesign of the COMLEX-USA Series</a>	To ensure that the Comprehensive Osteopathic Medical Licensing Examination-USA (COMLEX-USA) reflects the evolving practice of osteopathic medicine, the National Board of Osteopathic Medical Examiners has developed new content and format specifications for an enhanced, competency-based examination program to be implemented with COMLEX-USA Level 3 in 2018. This article summarizes the evidence-based design processes that served as the foundation for blueprint development and the evidence supporting its validity.
Juliet Baltonado, OMS III; and <b>Tyler C. Cymet, DO,</b> of Chevy Chase, Maryland	April 2017	<a href="#">Can the Humanities Humanize Health Care?</a>	Science can exist without context just as medicine can exist without patients, but should it? Data supporting a need for medical students to learn literature, philosophy, language, religion, art, and music are limited, but study findings indicate that the humanities can enhance empathy in medical students.

**Samuel Foldy, OMS III,** from the Alabama College of Osteopathic Medicine in Dothan, was elected to the National Board of Trustees for the American Medical Student Association as the vice president for leadership development. Foldy plans to work with AMSA to develop an introductory course on osteopathic principles and practice targeting MD, DO, and premedical students. In light of the single accreditation system, this innovative course will serve an important role in educating MD students about

the unique skills osteopathic medical students learn. Read more at [www.acomedu.org](http://www.acomedu.org).

On Feb. 21, students from the A.T. Still University School of Osteopathic Medicine in Arizona (ATSU-SOMA) filled the Arizona State Capital for DO Day at the Legislature. SAAO member **Hillary Christine Park, OMS II,** said of the event, “Visiting the legislature helps me, as a future clinician, understand the governing body that

will impact my practice.” Read more at [iconnect.atsu.edu](http://iconnect.atsu.edu).

SAAO members **Alixandria Anna Fiore, OMS II;** **Wilson Barlett Pfeiffer, OMS II;** and **Austin Lawrence Price, OMS I,** from the Nova Southeastern University College of Osteopathic Medicine in Fort Lauderdale, Florida, were awarded \$1,000 Florida Vascular Society’s Next Generation Student Scholarships through the Florida Vascular

(continued on Page 14)



## CLINICAL ASSISTANT PROFESSOR

# DEPARTMENT OF OSTEOPATHIC MANIPULATIVE MEDICINE

Oklahoma State University Center for Health Sciences' College of Osteopathic Medicine is seeking to fill a full-time faculty position in the Department of OMM. This position is actively involved in patient care and teaching medical students and residents, as well as hospital inpatient services. The successful candidate must have earned a D.O. degree, be proficient in a variety of osteopathic manipulation techniques, eligible for licensure in the state of Oklahoma and possess a devoted interest in education. Board certification or eligibility by the AOBNMM or AOBSPOMM is preferred, but not required. Salary and faculty rank commensurate with experience and qualifications.

Located on historic Route 66 in Tulsa, OSU Center for Health Sciences is part of the Oklahoma State University System. OSU Center for Health Sciences provides both undergraduate and graduate medical education and trains osteopathic physicians, research scientists and other health care professionals with emphasis on serving rural and underserved Oklahoma. The academic health center operates OSU Physicians Clinics and is affiliated with OSU Medical Center, the largest osteopathic teaching hospital in the nation.

Please apply online at: <http://jobs.okstate.edu>

*Oklahoma State University is an EEO E-Verify employer and all qualified applicants will receive consideration for employment without regard to age, race, color, religion, genetic information, sex, sexual orientation, gender identity, national origin, disability or veteran status.*



### Tulsa, Oklahoma

OSU Center for Health Sciences is located in Tulsa, the second-largest city in the Oklahoma with a population of 961,561 in the metropolitan area. Tulsa offers numerous entertainment venues, including the Philbrook and Gilcrease museums, the Brady Arts District, the Oklahoma Aquarium, the Performing Arts Center, Brady Theater, music venues including the BOK Center and Cain's Ballroom, the Tulsa Zoo and local professional baseball, hockey, soccer and basketball teams.



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## Members in the news (continued from Page 12)

Foundation for their academic achievements and interest in vascular surgery. The scholarships were provided to defray costs associated with their participation in the 30th Annual Scientific Sessions being held May 4-7 in Amelia Island, Florida.

**Sarah Elizabeth Cottrell-Cumber, OMS II**, and **Sneha Rupen Shah, OMS II**, from the Edward Via College of Osteopathic Medicine in Blacksburg, Virginia, attended the Medical Society of Virginia's White Coats on Call Day on Feb. 1 at the Virginia General Assembly. The students who attended advocated for the Safe Syringe Program, which would allow physicians to legally exchange clean needles for contaminated needles in high-risk communities with greater amounts of IV drug use. Read more at [www.aacom.org](http://www.aacom.org)

SAAO member **Victoria Rose Brown, OMS I**, from the Alabama College of Osteopathic Medicine in Dothan, was a member of the ACOM team that won second place in the American Medical Student Association National Sim Challenge. Held during AMSA's annual convention and exposition Feb. 24-25 in Arlington, Virginia, the competition challenged teams in a series of simulated clinical scenarios requiring medical knowledge, clinical skills, teamwork, and communication. ACOM's second-year team won first place, and they will travel to the international competition in Paris this summer.

**Sonia Rivera-Martinez, DO**, of Old Westbury, New York, was named Outstanding Female Leader at the annual conference of the American College of Osteopathic Family Physicians on March 16.

**Samuel Douglas Madore, DO**, and **Amber Maia Hayden, DO**, were two of the three authors of the article "The Use of Occipital Nerve Blocks and Trigger Point Injections in Headaches with Occipital

Tenderness," which was published in the January/February 2017 issue of *Osteopathic Family Physician*. In the article, the authors explain that occipital nerve blocks (ONB) and trigger point injections (TPI) are therapies that have helped comfort patients who endure headaches. Even though headaches are tough to treat, ONB and TPI should be practiced to assist patient care because they are easy and safe to perform.

**Sheldon C. Yao, DO; Nardine M. Mikhail, OMS IV; George William Koutsouras, OMS V; and Michael John Terzella, DO**, contributed to the article "Osteopathic Considerations in the Infections of the Respiratory Tract," which was published in the January/February 2017 issue of *Osteopathic Family Physician*. Acute respiratory infections are the most frequent reason for ambulatory care. A detailed assessment and treatment combining osteopathic manipulative medicine can be effective to help strengthen patients back to maximum health.

**Rohan Datta, OMS III; Lyudmila Burina, OMS III; Filippo Romanelli, OMS III; and Theodore B. Flaum, DO, FACOFP**, supplied research throughout the article "Knee Pain in Adults with an Osteopathic Component" in the January/February 2017 issue of *Osteopathic Family Physician*. The exploration identifies knee pain as the most common reason for outpatient doctor visits that could result in long term consequences. Family physicians should incorporate their knowledge of knee pain, a detailed history, and a full osteopathic structural exam to come up with a relevant diagnosis and treatment plan.

The February 2017 issue of *The Cranial Letter* included the fourth part of "An Osteopathic Approach to Ophthalmic and Optometric Disorders" by **Anthony D. Capobianco, DO**. The article is dedicated in honor of **Stephen D. Blood, DO, FAA-ODist, FCA**. In the the article, Dr. Capobianco emphasizes the value of the ventral

## CLASSIFIED ADVERTISEMENTS

### NMM PLUS 1 RESIDENCY PROGRAM IN SOUTHAMPTON, NY

NMM Plus 1 Residency at Southampton Hospital in beautiful Southampton, Long Island. Applications are currently being accepted. If interested, please contact Program Director Lawrence Barnard, DO, [lbarnard@southamptonhospital.org](mailto:lbarnard@southamptonhospital.org), Program Coordinator for NMM+1 program Stefania Salzman (631) 726-0409, ext. 126, or Education Department Secretary Karen Roberts at (631) 726-0409.

### NMM/OMM +1 POSITIONS AVAILABLE IN CORVALLIS, OR

Good Samaritan Regional Medical Center, an active hospital, labor, pediatric and outpatient service, has NMM/OMM +1 residency positions open for 2017-18 academic year. Continuity clinics with Oregon State University athletes as well as a weekly free pediatric clinic. Applicants must finish any type of AOA-approved residency by June 2017. Contact Elizabeth Caron, DO, at [ecaron@samhealth.org](mailto:ecaron@samhealth.org), or call the Graduate Medical Education Department at (541) 768- 4906.

spinothalamic tract. Dr. Capobianco also writes, "Osteopaths would do well to consider that although goal-oriented to success in outcomes of cure, palliation from OCF for the dying patient can be a true gift..."

(continued on Page 15)



## Members in the news (continued from Page 14)

The February 2017 issue of *The Cranial Letter* also included “Potency” by **R. Paul Lee, DO, FAAO, FCA**. In it, Dr. Lee discusses “the Tide,” first introduced by William Garner Sutherland, DO. Dr. Sutherland proposed that the body’s fluid would promote healing better than external forces.

**Adrienne M. McCallister, DO**, used patient data to inspect the use of osteopathic manipulative treatment (OMT) in serious traumatic brain injury (TBI) as explained in a [Feb. 22 article](#) on *The DO* website. Dr. McCallister’s research allowed her to establish a [case report](#) that was published in the December 2016 issue of *The Journal of the American Osteopathic Association* that assessed two patients with TBI who received OMT.

**Mary K. Brigandi, DO**, and **Aadil Vora, OMS III**, have experience working at

hospitals with patients who need interpreters. In “[Lost in Translation: Best Practices for Working with Medical Interpreters](#)” from *The DO*, Dr. Brigandi and Vora offer advice on how to talk with patients when an interpreter is present. Vora says, “Even though there are three people in the room, you... have to act like the interpreter isn’t there.” Dr. Brigandi says, “Speaking through an interpreter can feel like a bit of a disconnect, but when you convey warmth and sincerity, patients see that, no matter the language.”

## Sutherland Cranial Teaching Foundation Upcoming Courses



### SCTF Basic Course: Osteopathy in the Cranial Field

May 11–15, 2017

Doubletree Hotel at the Lloyd Center  
Portland, Oregon

Course Director: Duncan Soule, M.D.

Course cost: \$1,750

Visit our website for enrollment forms  
and course details: [www.sctf.com](http://www.sctf.com)  
Contact: Susan LeMaster 971-212-1096  
Email: [lemastersctf@gmail.com](mailto:lemastersctf@gmail.com)



## AAO at OMED 2017: Using Osteopathic Principles and Philosophy in Specialty Medicine

**Leslie M. Ching, DO, program chair**  
Oct. 7-10, 2017

### Philadelphia Convention Center

The AAO’s program will present various viewpoints on incorporating osteopathic principles into the practice of different specialties. The AAO is partnering with several specialty colleges to provide lectures and hands-on instruction from specialists with clinical experience in internal medicine, neurology, psychiatry, obstetrics and gynecology, pediatrics, family medicine and sports medicine. In addition, a workshop on the Stiles-

Laughlin technique, a very useful functional approach, will be presented.

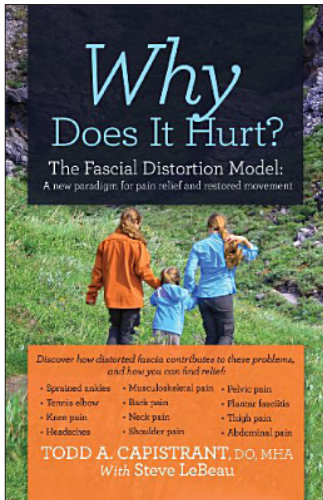
Among the speakers are Kendi L. Hensel, DO, PhD; Kimberly J. Wolf, DO, FACOP; Lisa E. Hart, DO; and Ava C. Stanczak, DO, FAAP, FACOP. In addition, Kenneth J. Lossing, DO, will deliver the annual Thomas L. Northup Lecture. Dr. Lossing was the AAO’s 2014-15 president, and he has practiced osteopathic manipulative medicine in southern California for more than 20 years.

The AAO will present joint sessions with the following specialty colleges:

- American College of Osteopathic Family Physicians
- American College of Osteopathic Internists
- American College of Osteopathic Neurologists and Psychiatrists
- American College of Osteopathic Obstetricians and Gynecologists
- American College of Osteopathic Pediatricians
- American Osteopathic Academy of Sports Medicine

Learn more at  
[www.academyofosteopathy.org/OMED](http://www.academyofosteopathy.org/OMED).

# Recently Added to the Online Store

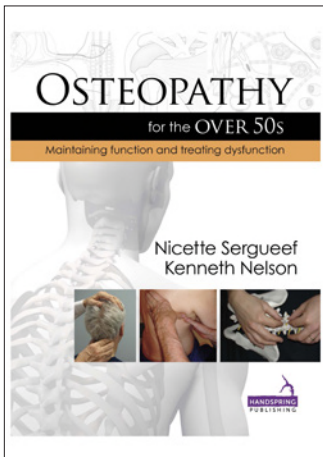


*Why Does It Hurt* presents a whole new viewpoint on the way our bodies work using FDM, the Fascial Distortion Model. Fascia is the fibrous connective tissue that permeates our bodies and holds everything together. Distorted fascia is often the cause of pain that may not respond to traditional treatments of physical therapy or anti-inflammatory drugs.

Thanks to FDM, patients stooped over from chronic back pain now stand straight, and athletes sidelined with sprains quickly return to the game and perform as if nothing happened.

*Why Does It Hurt* explains how, in case after case, FDM dramatically shortens healing time, reduces the need for tests and drugs, and restores movement and well-being to patients who had given up hope.

by Todd A. Capistrant, DO, MHA, with Steve LeBeau, paperback, 160 pages, \$17.95

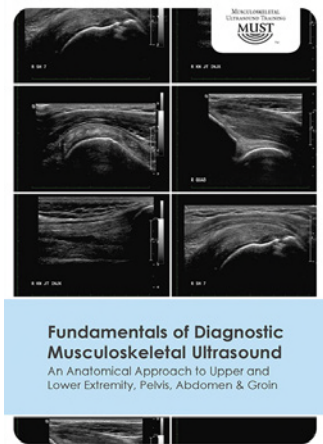


*Osteopathy for the Over 50s* is intended to provide a study of the biomechanics and physiology of somatic dysfunction as it relates to individuals over the age of 50.

The main body of the text considers the relevance of somatic function and dysfunction in multiple clinical areas including cardiology, pulmonology, gastroenterology, urology, neurology and rheumatology.

The diagnostic approach to the patient over the age of 50 and osteopathic manipulative treatment is thoroughly described. This book provides information on the biomechanics and physiology of somatic dysfunction for the osteopathic treatment of older adults in a thorough, yet easy to approach, fashion for practitioners of osteopathy and osteopathic medicine.

by Nicette Sergueef and Kenneth Nelson, hardcover, 416 pages, \$90



*Fundamentals of Diagnostic Musculoskeletal Ultrasound* is a professionally recorded and produced DVD series by two of the country's leading MSKUS teachers. This DVD set will help viewers learn proper probe placement and standard scanning sequences and technique for each body area. Over five hours of content will focus on the normal sonographic anatomy and sequencing for scanning each region.

The authors focus on demonstrating how to obtain proper probe placement and the content within these images. As opposed to just teaching certain slices of the anatomy of a region, they attempt to teach a multi-dimensional approach to sonographic anatomy so that your diagnostic evaluations will completely evaluate each structure.

by Paul Tortland, DO, FAOASM, R-MSK, and Albert J. Kozar, DO, FAOASM, R-MSK, 2 DVD, 5.5 hours, \$399.99

*AAO members receive a 10% discount off listed prices.*

*Download the Academy's [book order form](#) or visit [www.academyofosteopathy.org](http://www.academyofosteopathy.org) to place your order.*



# STILL-LITTLEJOHN TECHNIQUES: CONTEMPORARY APPLICATIONS OF OSTEOPATHY

May 19-21, 2017 • Midwestern University/Arizona College of Osteopathic Medicine in Glendale

## Course Description

This course will provide hands-on teaching of Still and Littlejohn Techniques, expand upon concepts and principles inherent to each application style and advance our knowledge of Osteopathic manipulation for use in clinical practice and student teaching. Attendees will experience lecture and lab instruction to enhance their understanding and practice.

## Course Faculty

Richard L. VanBuskirk, DO, PhD, FAAO  
Christian Fossum, DO (UK)

## Course Times and Meal Information

Friday and Saturday from 8 a.m. to 5:30 p.m.

Sunday from 8 a.m. to 12:30 p.m.

Morning coffee, tea and juice will be provided. Lunch will be provided Friday through Saturday. Notify AAO Event Planner [Gennie Watts](#) of any special dietary needs no fewer than seven days in advance.

## Continuing Medical Education

20 credits of NMM-specific AOA Category 1-A CME anticipated.

## Course Location

Midwestern University/  
Arizona College of Osteopathic Medicine  
Agave Hall, OMT Lab 101  
19555 N. 59th Ave.  
Glendale, AZ 85308

## Travel Arrangements

Contact Tina Callahan of Globally Yours Travel  
at (800) 274-5975 or [globallyyourstravel@cox.net](mailto:globallyyourstravel@cox.net).

## Course Director

A 2005 graduate of the Midwestern University/ Arizona College of Osteopathic Medicine in Glendale, **Richard J. Geshel, DO**, is a neuromusculoskeletal medicine specialist whose practice consists primarily of using Still technique. In addition, Dr. Geshel has developed over 27 applications of his own. He is a coauthor of the chapter on thoracolumbar musculoskeletal conditions in *The Sports Medicine Resource Manual*.



**Richard L. Van Buskirk, DO, PhD, FAAO**, is the rediscoverer and author of *The Still Technique Manual*.

**Christian Fossum, DO (UK)**, is a lecturer and practitioner of the Littlejohn technique. He was taught by John Wernham, a student of Dr. Littlejohn.

Registration Fees	March 12 through May 12	On or after May 13
Academy member in practice*	\$800	\$1,000
Resident or intern member	\$600	\$800
Student member	\$400	\$600
Nonmember practicing DO or other health care professional	\$1,000	\$1,200
Nonmember resident or intern	\$800	\$1,000
Nonmember student	\$600	\$800

\* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

## Registration Form

Still-Littlejohn Techniques:  
Contemporary Applications of Osteopathy  
May 19-21, 2017

Name: \_\_\_\_\_ AOA No.: \_\_\_\_\_

Nickname for badge: \_\_\_\_\_

Street address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

- ☐ I am a practicing health care professional.  
☐ I am a resident or intern.  
☐ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: \_\_\_\_\_

Cardholder's name: \_\_\_\_\_

Expiration date: \_\_\_\_\_ 3-digit CVV No.: \_\_\_\_\_

Billing address (if different): \_\_\_\_\_

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: \_\_\_\_\_

View the [AAO's cancellation and refund policy](#).

View the [AAO's photo release statement](#).



Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to [GWatts@academyofosteopathy.org](mailto:GWatts@academyofosteopathy.org); by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.



# INTRODUCTION TO OSTEOPATHIC MANIPULATIVE MEDICINE

June 2-5, 2017 • Michigan State University College of Osteopathic Medicine in East Lansing

Designed to help MD students and graduates obtain the prerequisites for entering osteopathic-recognized residencies accredited by the Accreditation Council for Graduate Medical Education (ACGME), this course also will be valuable for DO and MD faculty in these residency programs.

In addition, osteopathic physicians who do not use osteopathic manipulative treatment (OMT) daily will find this course useful, as will other health care professionals with limited or no experience with manipulative techniques.

Through a combination of lectures and hands-on workshops, attendees will learn the basics of osteopathic manipulative medicine, which encompasses osteopathic tenets, palpatory diagnosis and OMT.

The curriculum includes lessons on muscle energy technique; thoracic spine technique; articular techniques; functional techniques; myofascial release; and high-velocity, low-amplitude thrust.

Attendees will receive a copy of *Greenman's Principles of Manual Medicine* (fifth edition) by Lisa Ann DeStefano, DO.

## Course Faculty

David C. Mason, DO, FACOFP, and Richard G. Schuster, DO

## Course Times

Friday from 1 to 6 p.m.; Saturday and Sunday from 8 a.m. to 6 p.m.  
Monday from 8 a.m. to 4 p.m.

## Continuing Medical Education

28 credits of NMM-specific AOA Category 1-A CME anticipated.

## Meal Information

All meals are on your own.

## Course Location

Michigan State University College of Osteopathic Medicine  
Fee Hall, 939 Fee Rd., Room E106, East Lansing, MI 48824



## Course Director

**Lisa Ann DeStefano, DO**, has chaired the Department of Osteopathic Manipulative Medicine at the Michigan State University College of Osteopathic Medicine (MSUCOM) in East Lansing since 2004. A protégé of the late Philip E. Greenman, DO, FAAODist, Dr. DeStefano edited recent

editions of the textbook *Greenman's Principles of Manual Medicine*.

A 1993 graduate of MSUCOM, Dr. DeStefano is board certified in osteopathic manipulative medicine and neuromusculoskeletal medicine and in osteopathic family medicine. In 2003, she received the Osteopathic Faculty Award and the Guiding Principles Award from MSUCOM. She has lectured widely in the United States and internationally.

## Travel Arrangements

Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or [globallyyourstravel@cox.net](mailto:globallyyourstravel@cox.net).

Registration Fees	March 1 through April 30, 2017	On or after May 1, 2017
Academy member in practice*	\$834	\$984
Resident or intern member	\$634	\$784
Student member	\$434	\$584
Nonmember practicing DO or other health care professional	\$1,034	\$1,184
Nonmember resident or intern	\$834	\$984
Nonmember student	\$634	\$784

\* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

## Registration Form

### Introduction to Osteopathic Manipulative Medicine

June 2-5, 2017

Name: \_\_\_\_\_ AOA No.: \_\_\_\_\_

Nickname for badge: \_\_\_\_\_

Street address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

- ☐ I am a practicing health care professional.
- ☐ I am a resident or intern.
- ☐ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: \_\_\_\_\_

Cardholder's name: \_\_\_\_\_

Expiration date: \_\_\_\_\_ 3-digit CVV No.: \_\_\_\_\_

Billing address (if different): \_\_\_\_\_

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: \_\_\_\_\_

View the [AAO's cancellation and refund policy](#).

View the [AAO's photo release statement](#).



Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to [GWatts@academyofosteopathy.org](mailto:GWatts@academyofosteopathy.org); by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.



# BASIC VISCERAL COURSE

Nov. 10-12, 2017 • Rowan University School of Osteopathic Medicine  
Stratford, New Jersey

## Course Description

This is a basic course in visceral manipulation. Attendees will explore traditional osteopathic concepts of ventral technique, modern concepts of visceral motion, "normalization" of visceral motion through fascial planes, and treating visceral mobility and motility. Emphasis will be placed on physical examination, functional anatomy, and the anatomical relationships between the diaphragms, viscera, autonomic nervous system, vascular flow and lymphatic drainage. Attendees will come away with improved confidence in physical examination, direct and indirect approaches to visceral manipulation, and an ability to integrate visceral (ventral) techniques with spinal (dorsal) and cranial approaches.

This is an intermediate level course.

## Course Times

Friday and Saturday from 8 a.m. to 5 p.m.

Sunday from 8 a.m. to noon.

## Continuing Medical Education

20 credits of AOA Category 1-A CME anticipated.

## Meal Information

Morning coffee, tea and juice will be provided. Lunch will be provided Friday and Saturday. If you have any special dietary needs, contact AAO Event Planner [Gennie Watts](#) before Nov. 3.

## Course Location

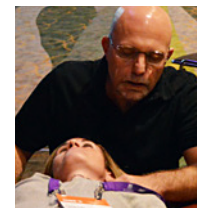
Rowan University School of Osteopathic Medicine  
42 E. Lauren Rd., Stratford, NJ 08084

## Travel Arrangements

Contact Tina Callahan of Globally Yours Travel at (800) 274-5975 or [globallyyourstravel@cox.net](mailto:globallyyourstravel@cox.net).

## Course Director

**Richard G. Schuster, DO**, is the director of osteopathic medical education for Community Health Network in Indianapolis, and he is the program director for the Community Westview Osteopathic Family Medicine Residency.



After completing an undergraduate fellowship in osteopathic principles and practice, Dr. Schuster graduated from the Ohio University Heritage College of Osteopathic Medicine in 1994. He completed a residency in family medicine at the Firelands Regional Medical Center in Sandusky, Ohio, and he completed a postdoctoral fellowship in sports medicine at the Toledo Hospital in Ohio.

The chair of the AAO's 2015 Convocation in Louisville, Kentucky, Dr. Schuster serves on the AAO's Board of Trustees, and he is the vice-chair of the AAO's Education Committee.

Registration Fees	On or before Sept. 5	Sept. 6 through Nov. 5	On or after Nov. 6
Academy member in practice*	\$750	\$800	\$1,000
Resident or intern member	\$650	\$600	\$800
Student member	\$350	\$400	\$600
Nonmember practicing DO or other health care professional	\$1,050	\$1,100	\$1,300
Nonmember resident or intern	\$850	\$900	\$1,100
Nonmember student	\$650	\$700	\$900

\* The AAO's associate members, international affiliates and supporter members are entitled to register at the same fees as full members.

## Registration Form Basic Visceral Course Nov. 10-12, 2017

Name: \_\_\_\_\_ AOA No.: \_\_\_\_\_

Nickname for badge: \_\_\_\_\_

Street address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

- ☐ I am a practicing health care professional.  
☐ I am a resident or intern.  
☐ I am an osteopathic or allopathic medical student.

The AAO accepts check, Visa, MasterCard and Discover payments in U.S. dollars. The AAO does not accept American Express.

Credit card No.: \_\_\_\_\_

Cardholder's name: \_\_\_\_\_

Expiration date: \_\_\_\_\_ 3-digit CVV No.: \_\_\_\_\_

Billing address (if different): \_\_\_\_\_

I hereby authorize the American Academy of Osteopathy to charge the above credit card for the amount of the course registration.

Signature: \_\_\_\_\_

View the [AAO's cancellation and refund policy](#).

View the [AAO's photo release statement](#).



Register online at [www.academyofosteopathy.org](http://www.academyofosteopathy.org), or submit this registration form and your payment by email to [GWatts@academyofosteopathy.org](mailto:GWatts@academyofosteopathy.org); by mail to the American Academy of Osteopathy, 3500 DePauw Blvd., Suite 1100, Indianapolis, IN 46268-1136; or by fax at (317) 879-0563.





# Component Societies and Affiliated Organizations

## Calendar of Upcoming Events

**April 19-22, 2017**

Society of General Internal Medicine

**2017 SGIM annual meeting**

Washington Hilton

Washington, D.C.

16.5 credits of AMA PRA Category 1 CME anticipated

Learn more and register at [connect.sgim.org/SGIM17](http://connect.sgim.org/SGIM17).

**April 19-23, 2017**

Arizona Osteopathic Medical Association

**AOMA 95th annual Convention: Empowering Ourselves,  
Empowering Our Patients**

Scottsdale Hilton Resort and Villas

in Arizona

36 credits of AOA Category 1-A CME anticipated

Learn more and register at [www.az-osteop.org/2017Conv](http://www.az-osteop.org/2017Conv).

**April 21-23, 2017**

American Fascial Distortion Model Association

**Introduction to the Fascial Distortion Model, Module 1**

Course director: Todd A. Capistrant, DO, MHA

Cleveland Clinic Children's Hospital for Rehabilitation  
Vacaville, California

20 credits of AOA Category 1-A CME anticipated

Learn more and register at [www.afdma.com](http://www.afdma.com).

**April 21-25, 2017**

Michigan State University College of Osteopathic Medicine

**Craniosacral Techniques, Part I**

Course director: Carl W. Steele, DO, PT

Course faculty: Edward Isaacs, MD, and Mark Bookhout, PT  
East Lansing, Michigan

34 credits of AOA Category 1-A CME anticipated

Learn more and register at [www.com.msu.edu](http://www.com.msu.edu).

**May 5-7, 2017**

Osteopathy's Promise to Children

**A Dental Course: Expanding the Osteopathic Concept  
—Beyond the Basics**

Course directors: Raymond J. Hruby, DO, FAAODist, MS,  
and Darick Nordstrom, DDS

Osteopathic Center San Diego

24 credits of AOA Category 1-A CME anticipated

Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/).

**June 18-25, 2017**

American Fascial Distortion Model Association

**FDM at Sea**

Course director: Todd A. Capistrant, DO, MHA

8 days, 7 nights aboard Royal Caribbean's *Liberty of the Seas*

Ports of call: Galveston, Texas; Cozumel, Mexico; George

Town, Grand Cayman; Falmouth, Jamaica

15 credits of AOA Category 1-A CME anticipated

Learn more and register at [www.afdma.com](http://www.afdma.com).

**July 12-16, 2017**

Osteopathy's Promise to Children

**Foundations of Osteopathic Cranial Manipulative Medicine**

Course director: R. Mitchell Hiserote, DO

Osteopathic Center San Diego

40 credits of AOA Category 1-A CME anticipated

Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/).

**Aug. 17-20, 2017**

Osteopathy's Promise to Children

**Advanced and Innovative Healing Approaches to Support  
Rapid Transformation in the Child**

Course director: Shawn K. Centers, DO, MH, FACOP

Osteopathic Center San Diego

24 credits of AOA Category 1-A CME anticipated

Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/).

**Sept. 8-10, 2017**

Michigan State University College of Osteopathic Medicine

**Indirect, Functional Approach to Manual Medicine**

Course directors: Harriet H. Shaw, DO,

and Marcy Schlinger, DO

East Lansing, Michigan

22.5 credits of AOA Category 1-A CME anticipated

Learn more and register at [www.com.msu.edu](http://www.com.msu.edu).

**Sept. 9, 2017**

Osteopathy's Promise to Children

**OMT for Systemic Disorders and Physiologic Functions:  
Cardiopulmonary & Immune Systems**

Course director: Hollis H. King, DO, PhD, FAAO

Osteopathic Center San Diego

8 credits of AOA Category 1-A CME anticipated

Learn more and register at [the-promise.org/cme/](http://the-promise.org/cme/).

Visit [www.academyofosteopathy.org/affiliate-cme](http://www.academyofosteopathy.org/affiliate-cme) for additional listings.